

May 2003

Volume 8, Issue 7

Newsletter of the Canadian Sai Book Centre

Sri Sathya Sai Baba Book And Information Centre
58B Arlington Avenue, Toronto, Ontario M6G 3K8 (416) 481-7242 (SAIB)

Featured Books:

- What Researchers Say
- Sai Charan Kamal
- The Science of Medicine
- Vision of the Divine
- Guidelines to Active Workers
- Sai Study Circle Manual
- I, We & He

Featured CDs:

Sundaram Sai Bhajan
White Field
Sai Bhajans in Tamil

What's New This Month

Aum Sri Sai Ram! This month we are happy to bring you reviews for more new books and give you samples of a new CD

containing 10 **Bhajans in Tamil, Volume 5 of Sundaram Sai Bhajan** and an **Instrumental CD titled "White Field"**. We

begin the reviews with a lovely book on Shirdi Sai Baba.

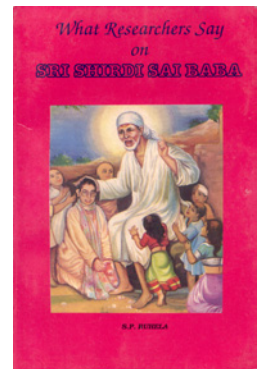
WHAT RESEARCHERS SAY ON SRI SHIRDI SAI BABA

This is a unique addition to the existing literature on Sri Shirdi Sai Baba – the greatest of the Avatars of the kali Age who led the life of a humble Fakir and taught the basics of spirituality and morality to his devotees through his stunning miracles, revelations of their past births, simple yet penetrating teachings, stories and thrilling parables. The compiler of this book has very carefully and laboriously collected, and reviewed all available significant research contributions,

writings and thrilling revelations by as many as 40 researchers, writers and spiritual personalities relating to the life, activities, teachings and importance of the Universal Master – the unique saint of Shirdi. Many new pieces of information presented here about the most mysterious God's incarnation who lived for 80 years will enlighten Sai devotees, intellectuals and future researchers. Also included is the Story of Shirdi Sai as revealed by Sri Sathya Sai Baba, the

second Sai incarnation who currently lives in Puttaparthi, India.

Price: \$7.50; US\$5.25



SAI CHARAN KAMAL – THE LOTUS AT SAI'S FEET

Review by Gopal Mehta



The Lord Sai draws devotees from all around the world. There are some individuals who cannot travel to Sri Sathya Sai Baba personally due to difficult circumstances. However their pure love and sincere prayers draws the Lord to be near them

wherever they are. This book is an account of the daily life of pure and steadfast devotion of an uneducated village lady and the amazing grace she received from Sri Sathya Sai Baba. He heard this lady's call and responded by appearing

before her almost on a daily basis. Baba talked to her, accepted food from her, gave instructions on how to live with her family members and proceed on her spiritual journey with the help of her physical guru, who himself was an ardent devotee of Sri

“... took the form of Lord Krishna and played the flute before her ...”

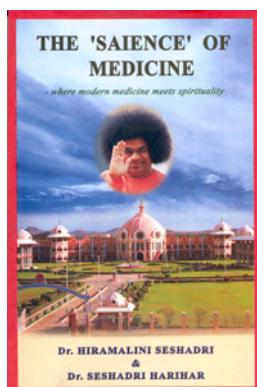
Sathya Sai Baba. During such “visits” she was shown many different forms of God and past great saints of India. She was even blessed to “travel” with Baba in subtle form and visit some of the holy places. As per the book, many times Baba transformed Himself before her into other forms of the Lord and even took the form of Lord Krishna and played the flute before her! Baba while

communicating with her on these “visits”, also revealed to her the facts of her previous births in which she was associated with Sri Sathya Sai Baba’s previous incarnation as Shirdi Sai Baba. Through her, Baba informs us that we all have passed through many lives before and He has been with all of us ever since the beginning of human journey. For those who would like to read about

miracles of the Lord, this book will be an interesting one.

Price: \$7.25; US\$5.10

THE ‘SAIENCE’ OF MEDICINE – WHERE MODERN MEDICINE MEETS SPIRITUALITY



A curative process through spiritual acceleration is a feasible proposition elaborated in this book, inspired by Bhagawan Sri Sathya Sai Baba and authored by Dr. Hiramalini Seshadri & Dr. Seshadri Harihar. The Seshadris are totally committed devotees of Sri Sathya Sai Baba and are specialists and Senior Consultants at the Apollo Hospitals, Chennai and visiting doctors at the Whitefield Sai Hospital. This book explores that frontier area where modern medicine and spirituality merge. It documents the first hand experiences that the authors had by the Grace of their Master Bhagawan Sri Sathya Sai Baba, which bore testimony to the wisdom of the Vedas

in the context of modern medicine and in turn enabled them to work out psycho-spiritual strategies in Medicine to the considerable benefit of their patients. Saience of medicine refers to experiences in the realm of modern medicine, that seem to be beyond science and whose origins can be traced to a source called ‘Sai’. This book should appeal to Doctors, patients and non-medical reader as well. Students preparing to qualify to become doctors will particularly benefit from the message this book gives to combine humaneness with a scientific approach to the healing art. The author describes many of Sai Baba’s medical miracles and teachings in a lucid

language too lovely to pause once you begin reading the book. The author concedes she is merely an instrument holding the pen. The real author of this book is her Master Sri Sathya Sai Baba.

Price: 14.00; US\$9.80.

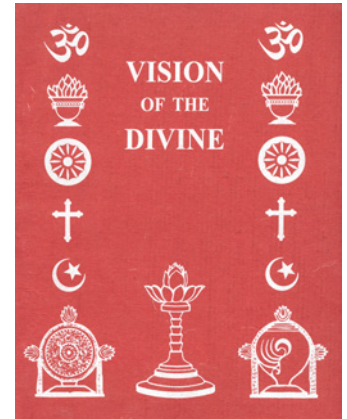
VISION OF THE DIVINE – *Review by Gopal Mehta*

The late author Dr. E B Fanibunda, who was a Zoroastrian by religion and doctor by profession, spent about five years in close proximity with Sri Sathya Sai Baba in his search for Truth and great Master. He observed Sri Sai Baba on a daily basis and traveled with Him to different cities. The author was fortunate to witness during this period, many miracles of Sri Sathya Sai Baba that happened in his personal life and to many others who came to Baba at physical, mental and spiritual levels. The book covers in great detail the conversations between the author and Baba on important aspects of practical spirituality, on principles of Vedas and Upanishads, benefits of

the Gayatri mantra and how to chant the Gayatri mantra correctly. He further elaborates on how to pray and address the Lord and explores the relationship between mind, body and intellect with the soul or *atma*. He explains the process of inner cleaning so that inwardly we can see and experience Him who is the indweller in all and make progress towards God-realization. As Sri Sathya Sai Baba declares, "God realization means the experience of knowing that you are God. In words it can be described as an experience of peace, bliss and light". Also included are some rare photographs of the miracles of Baba including the Lingam on Shivarathri

night that emerged from His mouth, the medallions created for the author with His initials inscribed, and of vibhuti abhishekam on Shirdi Sai Baba! The book's title is given by Baba Himself and offers immeasurable spiritual insight in our journey to Divinity.

Price: \$7.00; US\$4.90



"... can be described as an experience of peace, bliss and light ..."

GUIDELINES TO ACTIVE WORKERS OF SRI SATHYA SAI SEVA ORGANISATIONS

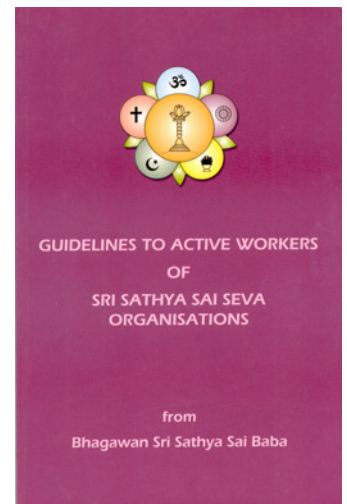


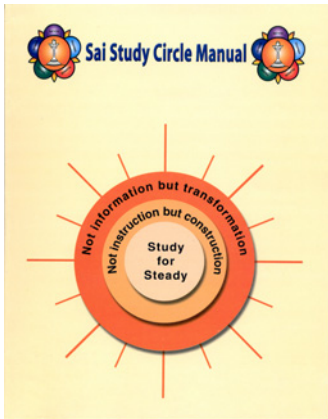
Sri Sathya Sai Organisations around the world offer great opportunities for any individual who seeks to attain his or her ultimate goal of life namely Self-Realization or Moksha. Truly speaking as Baba says, "a spiritual organization is really above all rules & regulations, the realm of the Atma is beyond the limits of regulations. But at least, to satisfy the law of the land dealing with association of this kind, some rules have to be adopted. For example, who can be members of these organizations, and

what are their qualifications? Of course, they must be eager aspirants for spiritual progress. They must have full faith in the name that the organization bears and in spreading that name, in a suitable manner. Besides the members must have won recognition as good persons." This book offers clear guidelines for anybody who wishes to join this superb Organization or even existing members including the leaders who may be presidents and coordinators. Specific answers to myriad

questions related to funding the organization, code of conduct for each wing etc in the organization are given by Sri Sathya Sai Baba Himself in His own sweet words. All members must read this book!

Price: \$3.00; US\$2.10





“... a very useful book for those who wish to facilitate a study circle ...”

SAI STUDY CIRCLE MANUAL

This is a very useful book for those who wish to facilitate a study circle at any Sai Centre. The manual briefly includes the following: the introductory chapter deals with what, why and how of a study circle. Both the introductory and 4th chapters cover all Sai's Divine text on study circles in quotes where appropriate. Chapter 2 considers the various spiritual tenets some combinations of which are interwoven in a typical Sai discourse. This fact is evident from a sample of

early discourses included in chapter 3. A tentative set of frequently asked questions on the study circle sadhana is included in chapter 4. Some examples of published study circle articles are included in chapter 5. Some study circle outlines are also included. These outlines include some interpretation of Swami's teachings so as to emphasize the nature and purpose of a study circle. It is hoped that each centre compiles such outlines or summaries of their study circles into the

manual as time goes on, thus making the manual a living document that can be updated and improved. The purpose of this manual is to emphasize the importance of: (a) deepening our understanding via inquiry or questioning, (b) practicing the study circle material and (c) providing a basis regarding Sai study circle's role, process & content for the facilitator's training.

Price: \$5.00; US\$3.50

SUNDARAM SAI BHAJAN VOLUME 5

1. Jayaho Jayaho Mooshika Vahana [PLAY ▶](#)
2. Darsha Dikhao Mere [PLAY ▶](#)
3. Karuna Sagara Divya Swaroopa [PLAY ▶](#)
4. Kaliyuga Avatara Sai Bhagawan [PLAY ▶](#)
5. Narayana Hari nam Bhajo [PLAY ▶](#)
6. Danava Bhanjana Rama Sai [PLAY ▶](#)
7. Hara Hara Hara Hara Mahadeva [PLAY ▶](#)
8. Sai Shankara [PLAY ▶](#)
9. Vaidehi Priya Vaikunta Rama [PLAY ▶](#)
10. Guruvayoorpura Sri Hari Krishna [PLAY ▶](#)
11. Allah Tum Ho [PLAY ▶](#)
12. Vishwadhari Shiva Avatari [PLAY ▶](#)
13. Hari Om Ananda Narayana [PLAY ▶](#)
14. Bhajo Sita Ram [PLAY ▶](#)
15. Kausalyatmaja Rama Charan [PLAY ▶](#)
16. Srinivasa Venkatesha

Price: \$12.00; US\$8.40

WHITE FIELD

1. Fountain of light [PLAY ▶](#)
2. Sparkling Rainpearls [PLAY ▶](#)
3. Gift Out Of The Horn Of Plenty [PLAY ▶](#)
4. Touch My Inner Sound [PLAY ▶](#)
5. Opening Each Heart [PLAY ▶](#)
6. Beloved Children [PLAY ▶](#)
7. The Gardens Of Brindavan [PLAY ▶](#)
8. Dance In The Ocean Of Love [PLAY ▶](#)
9. Healing Glow Of The Sun [PLAY ▶](#)
10. Playing In Togetherness [PLAY ▶](#)
11. A Fire Of Renewal [PLAY ▶](#)

SAI BHAJANS IN TAMIL

1. Jeya Gananatha [PLAY ▶](#)
2. Vahe Guru [PLAY ▶](#)
3. Vel Muruga [PLAY ▶](#)
4. Rama Rahim [PLAY ▶](#)
5. Muralithara [PLAY ▶](#)
6. Swami Charanam [PLAY ▶](#)
7. Poomiyil [PLAY ▶](#)
8. Parthi puri [PLAY ▶](#)
9. Pathankalai [PLAY ▶](#)
10. Subramaniam [PLAY ▶](#)

Price: \$12.00; US\$8.40

**Sri Sathya Sai Baba Book
And Information Centre**

58B Arlington Avenue
Toronto, Ontario
M6G 3K8

PHONE:
(416) 481-7242

E-MAIL:
saibooks@hotmail.com

We're on the Web!

See us at:

www.saibooks.org

I WE & HE BY INDULAL SHAH

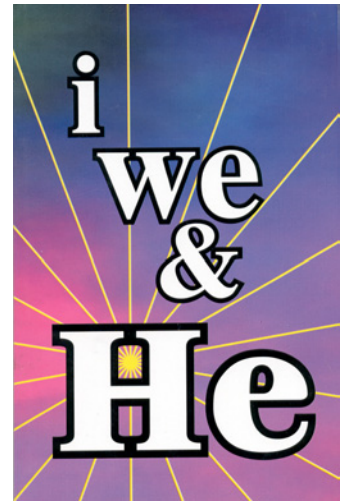
Sri Sathya Sai Baba's own words of wisdom span 32 volumes of Sathya Sai Speaks as well as the Summer Shower Series and there are going to be more volumes available in the future. We are grateful to some of the devotees of Swami who have culled out portions related to a particular topic out of these enormous volumes and published them. One such publication is I, We & He compiled by Indulal Shah who has almost 4 decades of close association with Sri Sathya Sai Baba and presently the chairman of the World Council of Sri Sathya Sai Baba. Written for a Youth Conference, this book contains a great deal of wisdom from his study of Swami's discourses. It includes divine messages for the Youth on Dharma, Human

Values, Ceiling on Desires, Management of thought, time and breath, Study Circle Members, Messages to Office Bearers and Active members. God's blessings and grace with spiritual practices laid down in this book will bring the aspirants from I to We. It is however the Divine will with our selfless service to the society, which will lead us from We to He. It calls for all the aspirants of spirituality to make an honest self-audit and self-appraisal and then make an attempt to overcome the obstacles in their journey to God.

Price: \$6.95;US \$5.20

About Our Organization...

Sri Sathya Sai Baba Book And Information Centre is a non-profit organization run solely by volunteers dedicated to spreading the message and teachings of Bhagavan Sri Sathya Sai Baba.



Aum Sri Sai Ram!